



**THE
CAMOGIE
ASSOCIATION**
An Cumann Camógachta



Camán get hooked

LEVEL 1 COACHING COURSE

Skills of analysis, observation, feedback

Female Athlete Development

Fitness & Nutritional Awareness.

Player Welfare

Practical experience

**Friday evening 7-10pm and
2 Saturdays 9.30am to 5.30pm**

- Must be garda vetted.
- Have completed code of best practice and Foundation camogie coaching course.

Delivered by **Official**
Camogie Coach Developers

**For more
information contact:**

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